

Grace Episcopal Church
124 Maple Hill Avenue
Newington, CT 06111
Phone: 860-666-3331

The Rev. Dr. Valerie Miller, Rector
The Rev. CJ Puskarz, Deacon
Mei-Tsen Chen, Organist and Choir Director
Debbie Forrest, Office Manager
Web Site: www.gracechurchnew.org
Email: office@gracechurchnew.org

Holy Eucharist or Morning Prayer
Sunday at 9 am
Morning Prayer - Tuesday at 8:30 am


PACE OF GRACE



SUMMER EDITION

Grace Episcopal Church
124 Maple Hill Avenue
Newington, CT 06111



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 2:30 pm Piano Lessons – S 4:00 pm Bible Study via Zoom 7:00 pm Al-Anon – PH	2	3
4 6 th Sunday after Pentecost 9 am Holy Eucharis 	5 4:00-8:00 pm Dance Studio – PH	6 8:30 am Morning Prayer – C 7:00 pm Narc Anon - PH	7 9:30 am – 12 pm Singing Seniors - PH 4:00-8:30 pm Dance Studio – PH 6:00 pm Drop the Rock - L	8 2:30 pm Piano Lessons – S 4:00 pm Bible Study via Zoom 7:00 pm Al-Anon – PH	9	10 4:00 pm Deacon’s Meeting in Memorial Garden
11 7 th Sunday after Pentecost 9 am Morning Prayer	12 4:00-8:00 pm Dance Studio – PH	13 7:00 pm Narc Anon - PH	14 9:30 am – 12 pm Singing Seniors - PH 4:00-8:30 pm Dance Studio – PH 6:00 pm Drop the Rock - L	15 2:30 pm Piano Lessons – S 4:00 pm Bible Study via Zoom 7:00 pm Al-Anon – PH	16	17
18 8 th Sunday after Pentecost 9 am Morning Prayer	19 4:00-8:00 pm Dance Studio – PH	20 8:30 am Morning Prayer – C 7:00 pm Narc Anon - PH	21 9:30 am – 12 pm Singing Seniors - PH 4:00-8:30 pm Dance Studio – PH 6:00 pm Drop the Rock - L	22 2:30 pm Piano Lessons – S 4:00 pm Bible Study via Zoom 7:00 pm Al-Anon – PH	23	24
25 9 th Sunday after Pentecost 9 am Holy Eucharist	26 4:00-8:00 pm Dance Studio – PH	27 8:30 am Morning Prayer – C 7:00 pm Narc Anon - PH	28 9:30 am – 12 pm Singing Seniors - PH 4:00-8:30 pm Dance Studio – PH 6:00 pm Drop the Rock - L	29 2:30 pm Piano Lessons – S 7:00 pm Al-Anon – PH	30	31

Room Key: PH=Parish Hall; L=Library; MMR= Music Meeting Room; MR=Meeting Room; C=Chapel; K=Kitchen



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10 th Sunday after Pentecost 9 am Morning Prayer	2 4:00-8:00 pm Dance Studio – PH	3 8:30 am Morning Prayer – C 7:00 pm Narc Anon - PH	4 4:00-8:30 pm Dance Studio – PH 6:00 pm Drop the Rock - L	5 2:30 pm Piano Lessons – S 4:00 pm Bible Study via Zoom 7:00 pm Al-Anon – PH	6	7
8 11 th Sunday after Pentecost 9 am Morning Prayer	9 4:00-8:00 pm Dance Studio – PH	10 8:30 am Morning Prayer – C 7:00 pm Narc Anon – PH	11 4:00-8:30 pm Dance Studio – PH 6:00 pm Drop the Rock - L	12 2:30 pm Piano Lessons – S 4:00 pm Bible Study via Zoom 7:00 pm Al-Anon – PH	13 4:00 pm – 8:00 pm Newington Children's Theater-back lawn	14
15 12 th Sunday after Pentecost 9 am Holy Eucharist	16 4:00-8:00 pm Dance Studio – PH	17 8:30 am Morning Prayer – C 7:00 pm Narc Anon - PH	18 4:00-8:30 pm Dance Studio – PH 6:00 pm Drop the Rock - L	19 2:30 pm Piano Lessons – S 4:00 pm Bible Study via Zoom 7:00 pm Al-Anon – PH	20	21
22 13 th Sunday after Pentecost 9 am Morning Prayer	23 4:00-8:00 pm Dance Studio – PH	24 8:30 am Morning Prayer – C 7:00 pm Narc Anon - PH	25 4:00-8:30 pm Dance Studio – PH 6:00 pm Drop the Rock - L	26 2:30 pm Piano Lessons – S 4:00 pm Bible Study via Zoom 7:00 pm Al-Anon – PH	27	28
29 14 th Sunday after Pentecost 9 am Holy Eucharist	30 4:00-8:00 pm Dance Studio – PH	31 8:30 am Morning Prayer – C 7:00 pm Narc Anon - PH				

Room Key: PH=Parish Hall; L=Library; MMR= Music Meeting Room; MR=Meeting Room; C=Chapel; K=Kitchen



Pace of Grace

Summer 2021

"The Pace of Grace" is a monthly publication of
Grace Episcopal Church, 124 Maple Hill Avenue, Newington, CT

"For I know the plans I have for you" declares the Lord, "Plans to prosper you and not to harm you, plans to give you hope and future." -Jeremiah 29:11

What plans do you have this summer? Are you looking forward to long walks in the park or on the beach? I know that I can recall times we visited the beaches of Old Saybrook with my family when they came up to Connecticut. My cousins, sibling and I would build drip castles, look for crabs, and dare each other to swim in the cold waters before the noon sun warmed us.

I know Monica and I, along with my family, are looking forward to some much needed beach time and walks in the beautiful national parks we have in our state. I have enjoyed tending to my porch garden, as I have seen my plants start to blossom. We can even see the works of our Lord outside the doors of our own homes and our church home memorial garden.

What plan are we creating with God right now, in this moment? Are we waiting on an event like a wedding of a family member or a visit from our grandchildren who we have not seen in almost a year and a half? What joyful things to wait for and see our loving Lord in the middle of it all!

God has plans that we can't even imagine, even within this month. We have wonderful groups using our church to celebrate the summer, life and happiness. We have children who will be creating wonderful drama productions; our support groups—AI Anon and AA—are still going strong in weekly meetings working to find the hope and strength in recovery with higher power. There are other groups that will also be using our beautiful meeting spaces. Thursday evenings at 5 pm we will be meeting in the church library for bible study. If you know of a book that is faith-centered or has deep moral compass within its pages that you would like our group to read, please feel free to share it and we can read it as a group. We will also have the option of meeting via Zoom on those Thursday evenings if you are not available to meet in person.

Our worship is wonderfully working its way along the path of our hearts. We have been meeting for Morning Prayer, a time for us to hear the wise words of our brothers and sisters of Grace on a Sunday morning. We have Holy Eucharist twice a month. We are worshiping in-person and via zoom. We are now meeting more often in person. On Wednesday, June 22nd I had the wonderful opportunity to spend the day at Camp Washington for Clergy Camp! There was much laughter, hugging, communion (bread only), painting, nature walks, and serious croquet playing! We can look forward to so many more opportunities to be community together.

We continue to look forward to the plans and wonders of God and of our community that await us. The possibilities are endless with our Lord and Savior Jesus.

Peace, Joy, Love,

Rev. Val



Here are the lectionary readings for each Sunday and Holy Day in July and August

	First reading	Psalm	Second Reading	Gospel
6 th Pentecost July 4	2 Samuel 5:1-5, 9-10	Psalm 48	2 Corinthians 12:2-10	Mark 6:1-13
7 th Pentecost July 11	2 Samuel 6:1-5, 12b-19	Psalm 24	Ephesians 1:3-14	Mark 6:14-29
8 th Pentecost July 18	2 Samuel 7:1-14a	Psalm 89:20-37	Ephesians 2:11-22	Mark 6:30-34, 53-56
St. Mary Magdalene July 22	Judith 9:1, 11-14	Psalm 42 1-7	2 Corinthians 5:14-18	John 20:11-18
9 th Pentecost July 25	2 Samuel 11:1-15	Psalm 14	Ephesians 3:14-21	John 6:1-21
St. James the Apostle July 26	Jeremiah 45:1-5	Psalm 7:1-10	Acts 11:27-12:3	Matthew 20:20-28
10 th Pentecost August 1	2 Samuel 11:26-12:13a	Psalm 51:1-13	Ephesians 4:1-16	John 6:24-35
The Transfiguration August 6	Exodus 34:29-35	Psalm 99	2 Peter 1:13-21	Luke 9:28-36
11 th Pentecost August 8	2 Samuel 18:5-9, 15, 31-33	Psalm 130	Ephesians 4:25-5:2	John 6:35, 41-51
St. Mary the Virgin August 15	Isaiah 61:10-11	Psalm 34	Galatians 4:4-7	Luke 1:46-55
12 th Pentecost August 15	1 Kings 2:10-12; 3:3-14	Psalm 111	Ephesians 5:15-20	John 6:51-58
13 th Pentecost August 22	1 Kings 8:[1, 6, 10-11], 22-30, 41-43	Psalm 84	Ephesians 6:10-20	John 6:56-69
St. Bartholomew August 24	Deuteronomy 18:15-18	Psalm 91	1 Corinthians 4:9-15	Luke 22:24-30
14 th Pentecost August 29	Song of Solomon 2:8-13	Psalm 45:1-2, 7-10	James 1:17-27	Mark 7:1-8, 14-15, 21-23



Greetings!

This is my hot (sizzle sizzle fizzle) off the press summer time rendition of the Deacon's Bench. I hope everyone will be having a great summer this year because last year was not so much fun (at least not for me). I have plans for a mini trip to Point Pleasant, NJ for a couple of days of relaxing on the white sands of the beach. This time I have sunscreen, aloe vera, hats, sweatshirts and a beach umbrella to bring for protection. I will still have my mask, hand sanitizer and disinfectant spray in my rather large beach bag. We are not totally in the clear from the coronavirus. There will also be the sweet smell of burgers, chicken, and steaks on the outdoor grills this season. There could also be the sounds of laughter as families reunite to celebrate the 4th of July!!!! (July 2nd was the date independence was approved but the Declaration of Independence was approved on the 4th—in case you are interested.)

However, there could also be the sounds of shootings, crying, and silence. I have not mentioned one particular topic this year of trying to bring the world to the church. It is the topic of mass shootings. We have had quite a few of them in 2020 and so far this year. I believe that we must focus on what help is needed to prevent this violence. I don't have the answer as to what we can do. I just know that I have to offer up prayer each day to God as to what I can do. We live in a country, a world, which includes many different people. But it is essential to know more about loving one another as Christ loves us and getting along with one another. I believe that our mental health is as important as our physical health. It is necessary to be able to have the means to seek the help we need without any stigma attached to this help. We have to be there to support one another through the good, the bad, and the ok times. We have our faith of being a Christian with our love of Jesus. We must take some time to ask Him what else we can do to help others as well as care for ourselves. This is just a thought I wanted to share with you in case you have some extra prayer time this summer.

Speaking of summer, I hope that if you attend another church you will bring back some ideas to share about what the service was like. I also want to extend an invitation to anyone who would like to lead Morning Prayer or perhaps just share some thoughts at the reflection time in the service. I am more than willing to lead the service if someone would just like to do the reflections. Liz Welk did an excellent job in doing this on June 13th.

Please send pictures of anything interesting to share on your adventures this summer even if they are just in your backyard. Perhaps you will have interesting inside-your-house pictures of projects you have started or completed.

Happy Trails to you it's time to have some fun
Happy Trails to you please be careful of the sun
Happy Trails to you until I write again
Stay safe- stay well-stay connected-vax to the max
cj

PS....Interesting—it's about time we acknowledged this fact—Juneteenth was made a federal holiday this year—one change of the many more that must happen



7/10 Nancy Beilman
 7/11 Nancy DiPrato
 7/15 Sandra Lund
 7/18 Shirley Crosswaith
 7/24 Candace Casciano
 7/24 Gary St. Amand
 7/31 Nicholas Casciano



7/14 Laura and William Lynch



8/4 Valerie Dumont
 8/15 Norine Barr
 8/15 Elizabeth St. Amand
 8/25 Martin Dumont
 8/29 Laura Lynch



08/09 Mark and Kathy Shoemaker
 08/28 Karen and Frank Halpert



The Grace Church Book Club is taking its summer hiatus for July and August. We will reconvene in September. The September book club date is Thursday, September 23 at 1:30 pm. We will be meeting

outside at the church weather permitting. Should it be inclement weather, we will meet in the library.

We selected two reads for the summer: *The Four Winds* by Kristin Hannah and *The Book of Lost Friends* by Lisa Wingate. We will be discussing both in September. Should you read any other good books this summer, please keep track of them so they can be included in our consideration of future selections. Happy Reading!

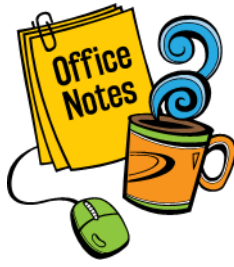
Melissa Haseley



July 4 Holy Eucharist
 July 11 Morning Prayer
 July 18 Morning Prayer
 July 25 Holy Eucharist

August 1 Morning Prayer
 August 8 Morning Prayer
 August 15 Holy Eucharist
 August 22 Morning Prayer
 August 29 Holy Eucharist

The deadline for the September Pace of Grace is Tuesday, August 17. Please make every effort to meet this deadline to allow us to distribute the issue promptly. The earlier you submit, the easier it is to publish the issue.



Forward Movement Day-by-Day

The August-September-October issue of the Day-by-Day is available in the narthex. If you would like one mailed to you, please contact the church office at 860-666-3331.



In case you haven't heard, services are being still being broadcast via Zoom at 9 am. Please contact the church if you are missing it and would like to be added to the list.

Church Rental Opportunities

Rental of Church facilities provides a needed source of income. Along with the rental of the Rectory, these rentals provide approximately 20% of our annual income. The Parish Hall, classrooms and patio/lawn area are available. Rentals have/will include a Scrap Booking Event (held pre-Covid and scheduled again for May), a dance studio, Vacation Bible School of Greater Hartford Church of Christ (pre-Covid and again this summer).



ARE YOU A FLIP FLOPPER???

Become a flip flopper by donating a new pair of flip flops to the Friendship Center in New Britain.

The Friendship Center of New Britain provides friendship and direct services to the poor, homeless and needy of central Connecticut. They operate their own housing for people who need shelter. Among their many other services they also provide food in their community kitchen, emergency shelter, a transitional living center, community out-reach, homelessness prevention and permanent supportive housing.

The flip flops will be given to new clients to use as their shower shoes. We will be collecting them throughout the month of July, and they will be delivered to the Friendship Center in early August

Please put your new flip flops in the blue plastic bin in the back of the church. Thank you for your support.

The Vestry has established policies related to rentals. If you are aware of an individual or organization needing a one day or ongoing space, please contact the Church Office at 860-666-3331. Questions about rentals should be directed to Melissa Haseley - Call or text 860-977-4181.





QUICK FINANCE UPDATE: May 30, 2021

	<u>MAY</u>	<u>Year to Date</u>	<u>Year to Date</u>	<u>TOTAL 2021</u>
	<u>OPERATIONS</u>	<u>OPERATIONS</u>	<u>BUDGET</u>	<u>BUDGET</u>
Pledge Income	\$ 6,179	\$ 27,378	\$ 31,077	\$ 72,272
<u>INCOME:</u>	\$ 6,735	\$ 42,425	\$ 45,036	\$ 105,062
<u>EXPENSES:</u>	(\$ 12,126)	(\$ 51,981)	(\$ 54,393)	(\$ 130,272)
<u>NET CHANGE:</u>	(\$ 5,391)	(\$ 9,556)	(\$ 9,357)	(\$ 25,210)
Checkbook Balance:	\$ 33,987		<i>End 2020 Checkbook:</i> \$ 39,100	

Annual Meeting – Sunday, September 19, 2021. The Annual Meeting, postponed from January, will be held following the service. The meeting will be both in person in the sanctuary and on Zoom. This is the time we thank outgoing Vestry Members and welcome in the new Members. We will also take care of any business brought before this group.

While most of the present Vestry Members will continue there is at least one opening to be filled. Currently Vestry Meetings are Zoom meetings. On-line meetings will probably continue into the future, especially during the winter. The requirements and responsibilities of membership are simple: Be a communicate of Grace Church in good standing, have an interest in the future of the Church, and be available for monthly meetings on the second Tuesday (no regular meetings in the summer). That's it, no additional time required. While most members of the Vestry as well as many of the Grace Church family are involved in additional committees and activities, being a Vestry member does not require more of a time and work commitment than the meetings listed above. Any Grace Parishioner may nominate them self. If you are interested in being part of the governing body of Grace Church, contact Senior Warden JoAnn Cromwell, Junior Warden Walt Parker or leave a message with Debbie at the Church.



Creative Energy Team Summer 2021

Our Tag Sale in the beginning of June 2021 was very successful! With it being a very hot day and many other happenings going on for many people, we feel it went very well. There were two years-worth of items to sell. In other words, a lot of stuff to sort through and sell. We started in the beginning of May to sort through the many bags and boxes, price items and sort out what wouldn't sell. We made a profit of approximately \$1200. Anything that was left over went to Savers as a donation. Anything Savers wouldn't take was donated to other places or left out on the curb. All the books were donated to Lucy Robbins Wells Library in Newington. There are still DVDs, CDs, and electronic games to be donated. There are many people to thank for their help. Thank you to the Creative Energy Team for putting in many hours to make this event successful—Lynn Page, Jane Stewart, Lorraine Belyea and myself. Thank you to Mark Shoemaker, Walt Parker, Marty Dumont, Brandon Johnson and our Deacon CJ Puskarz for their many hours of help. Thank you to our children for helping too—James Dumont, Michelle Dumont, Nathaniel Page, and Christopher Page. Thank you to Melissa Haseley and Nancy DiPrato for helping also. If there is anyone that I missed thank you for helping too.

We are done collecting for any further Tag Sales. Please do not bring in any Tag Sale items. You are responsible for donating your items to the appropriate donation sites.

We are now collecting for a clothing drive in the fall. We are accepting all types of clothing, shoes, pocketbooks, wallets, bedding, towels, curtains, material and any other soft items. They can be placed in the Nursery room in large trash bags only!! Please no hangers & no hard items put in the bags. If you have any books please donate them to the library in town.

BULLETIN BOARD SUMMER 2021

Our Bulletin Boards are finally finished for the summer. Please take time to read the one near the office. It is called Mindful Monarchs. It is about being mindful, or having mindfulness. The Essence of Mindfulness is the intentional use of your attention. It is simply being aware of what is happening right now. It is being in the present moment. It is observing life as it happens. It means paying attention in a particular way on purpose. It is being without judgment. There are colored butterflies at the bottom of the bulletin board to fill out and attach to the bulletin board to help remind you to be mindful. It is something for us to learn, think about and put into practice. There is a butterfly to fill out in this Pace of Grace. If you can't make it in to place on the bulletin board, mail it and we will do it for you. Thank you for taking the time to read, learn and participate in this.

15 Things Mindful People Do Differently

1

They don't believe their thoughts
- and they don't take them all that seriously

- | | | | |
|--|---|----|--|
| They don't try to avoid or deny emotions | 2 | 9 | They slow down when reading and truly take the information in |
| They understand that all things come and go | 3 | 10 | They are fully present when listening without trying to control or judge |
| They do one thing at a time | 4 | 11 | They take mini-breaks every hour or so when working or studying. |
| They turn everyday tasks into mindful moments | 5 | 12 | They laugh at themselves |
| They practice being curious | 6 | 13 | They focus on what they're doing |
| They get outdoors and embrace the beauty of nature | 7 | 14 | They challenge existing beliefs |
| They enjoy every bite when they eat | 8 | 15 | They nourish their bodies |

List created by Ideapod





It looks as though the pandemic-delayed Tokyo Olympics are a go for this summer. The Opening Ceremony will be on Friday, July 23, 2021 and the Closing Ceremony will be held on Sunday, August 8, 2021. The Summer Olympics have jumped many hurdles to get to this point, including the current fourth wave surge of COVID-19. And many, including scientists and health care professionals, feel as though they still should be canceled all together.

Athletes and officials will operate in bio-science bubbles and will need to record two negative COVID-19 tests before arrival in Tokyo and once there will not be allowed to take public transportation or visit restaurants, among other things. There will be no international fans. Compared to previous games, it will be a rather sterile experience.

The Summer Olympics have grown from 241 participants representing 13 countries in 1896 to more than 11,200 athletes representing 207 countries in 2016. Women were first allowed to compete at the 1900 Summer Olympics in Paris; but at the 1992 Summer Olympics, 35 countries were still sending only all-male delegations! So far North Korea is the only nation withdrawing from the competition this summer and organizers expect 11,091 athletes from 206 countries in Tokyo.

We will look at two notable individuals representing the United States as the first African Americans to compete and medal in the Summer Olympics. While people may encounter obstacles in their life because of their skin color, gender, religious affiliation, political beliefs or a host of other factors, the Games by their very nature of what they represent and the diversity of those competing may not change the world but they can make incremental differences along the way.

The 1904 St. Louis Summer Olympics turned out to be a place where firsts were made, but against a backdrop of what would be defined today as mixed messages. An unknown fact about the St. Louis Summer Olympics was that they were held over a period of four months as part of the World's Fair, Louisiana Purchase Exposition. And embedded in that, but not a part of the official program, was what were called "Anthropology Days." The idea of this competition was to demonstrate the supremacy of the white man in sports. Native peoples from around the world were selected to compete in various sporting events. There were calls from African American leaders to protest and boycott against the racial segregation at these competitions.

While these kinds of events were going on, George Coleman Poage decided to compete and became the first African American male to win a medal in the Summer Olympics. He was a track and field star and won two bronze medals at the 1904 games in St. Louis—one in the Men's 200m hurdles and one in the 400m hurdles. Born in 1880 in Hannibal Missouri, he was the son of a freed slave. He was also a student athlete from La Crosse, Wisconsin and was salutatorian of his class and the first black person to graduate from La Crosse High

School. He went on to the University of Wisconsin – Madison where he was the first black athlete to run for the University, and earned a degree in history. He became a high school teacher and mentor to his students. Despite his successes and due to lack of opportunity, he was unable to find a position after he relocated and became a postal clerk for nearly 30 years before he retired.

Even though women in general were not allowed to compete in the Olympics until 1900 it took almost fifty years for a black woman to compete in the Olympics. At the 1948 Summer Olympics in London, Alice Coachman Davis was not only the first black woman to compete but she also won Olympic gold in the high jump.

Coachman was one of ten children and was raised in the heart of the South: Albany, Georgia. She was denied the opportunity to train for or compete in organized competitions. Not deterred, she developed her own training regimen and ran barefoot in fields, and on back dirt roads using fencing and old farm equipment to improve her jumping skills.

Once she entered high school, the boys' track and field coach recognized her talent and gifts and took her under his wing. She ultimately caught the attention of the Athletic Director at Tuskegee Institute, who offered her a scholarship. By this time she was running in Amateur Athlete Union (AAU) national track and field competitions. She dominated AAU competitions and became the national champion in the 50m and 100m races as well as the 400m relay and the high jump. She only had the opportunity to compete in one Summer Olympics because both the 1940 and 1944 Games were cancelled due to WWII when she was in the prime of her athletic form.

After returning from the London Games, Coachman finished her degree at Albany State University where she had enrolled in 1946. She formally retired from athletic competitions but still had celebrity status when she became, in 1952, the spokesperson for the Coca-Cola Company. She was the first African American, male or female, to earn an endorsement deal!

She raised two children and strove to become a role model for young athletes. She taught and coached in both elementary and high school, and in her later life she established a foundation to help both young and veteran athletes; her son operates it to this day. She was one of the torchbearers for the 1996 Atlanta Olympics and was interviewed by numerous media outlets who recognized her pioneering role for black women in track. She was also honored at the Opening Ceremony as one of the 100 greatest Olympians. She was inducted into the Olympic Hall of Fame in 2004 and the Alabama Sports Hall of Fame in 1997. During her life, she was inducted in nine halls of fame in total. She died in 2014.

The American delegation in Tokyo will include 454 athletes competing in 33 different sports ranging from Archery to Wrestling. The number of African Americans is probably around 40 -65, not including coaches, trainers and other support staff. The obstacles with many of the competitions of the summer sports are tied to economics and the fact that they are considered "equipment" sports where a bike, a horse, a boat – a sailboat, a kayak, a canoe – or a weapon are required. And we still live in a world where race is inevitably tied to class. Before there can be successful black adult competitors there needs to be young black children playing sports. And many of the equipment sports remain out of reach to poor minorities. Another reason there will be fewer African Americans in Tokyo is the ban of any protests, slogans etc. related to the Black Lives Matter movement. This would have had a larger impact had the Olympics not been pandemic-delayed and had actually taken place in 2020.

George Poage and Alice Coachman each can claim a piece of Black history for themselves. Through their Olympic accomplishments, both became role models for other black children and demonstrated that people who looked like them can accomplish extraordinary things!

Lay Ministry Schedule
July 2021

	July 4	July 11	July 18	July 25
	6th Pentecost	7th Pentecost	8th Pentecost	9^h Pentecost
	Holy Eucharist	Morning Prayer	Morning Prayer	Holy Eucharist
Clergy	Rev. Dr. Valerie Miller			Rev. Dr. Valerie Miller
Deacon/LWL	Rev. CJ Puskarz	Rev. CJ Puskarz	Rev. CJ Puskarz	
LECTOR/ RESPONDER	JoAnn Cromwell	Marie Ritchie	Walt Parker	Mabel Maynard
PRAYERS	Walt Parker	Mabel Maynard	Karen Halpert	JoAnn Cromwell
ALTAR GUILD	Pat Rogorzenski	Pat Rogorzenski	Marie Ritchie	Marie Ritchie
	Jane Stewart	Jane Stewart	Candy Casciano	Candy Casciano
COUNTERS		Melissa Haseley		Walt Parker
		Lorraine Belyea		JoAnn Cromwell

Lay Ministry Schedule
August 2021

	August 1	August 8	August 15	August 22	August 29
	10 th Pentecost	11 th Pentecost	12 th Pentecost	13 th Pentecost	14 th Pentecost
	Morning Prayer	Morning Prayer	Holy Eucharist	Morning Prayer	Holy Eucharist
Clergy			Rev. Dr. Valerie Miller		Rev. Dr. Valerie Miller
Deacon/LWL	Rev. CJ Puskarz	Rev. CJ Puskarz	Rev. CJ Puskarz	Rev. CJ Puskarz	Rev. CJ Puskarz
LECTOR/ RESPONDER	Karen Halpert	JoAnn Cromwell	Walt Parker	Marie Ritchie	Mabel Maynard
PRAYERS	Walt Parker	Mabel Maynard	Karen Halpert	JoAnn Cromwell	Marie Ritchie
ALTAR GUILD	Nancy DiPrato	Nancy DiPrato	Kathy Shoemaker	Kathy Shoemaker	Candy Casciano
	Pat Rogorzenski	Pat Rogorzenski	Jane Stewart	Jane Stewart	Pat Rogorzenski
COUNTERS			JoAnn Cromwell		Melissa Haseley
			Lorraine Belyea		Nancy DiPrato

